



REFERRAL FOR TREATMENT

A referral may be received from a variety of sources, including:

- ◆ Tribal and Non-Tribal Agencies such as Social Services and Vocational Rehabilitation
- ◆ School Counselors
- ◆ Juvenile and Adult Probation and Parole
- ◆ Courts
- ◆ Juvenile Detention Centers
- ◆ A Parent or Guardian
- ◆ Self-Referrals (Adults)



Vision and hope for a future of a good life without the use of substances is what Mending the Circle offers.

Mending the Circle is funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), Department of Health and Human Services (DHHS), & the Center for Substance Abuse Treatment (CSAT), Mending the Circle Grant.

For more information, to request treatment services and/or make a referral contact:



Fallon Tribal Health Center
 Leslie Steve, Mental Health/Substance Abuse
 Program Director
 1001 Rio Vista Drive, Fallon, NV 89406
 (775) 423-3634
<http://www.fpst.org>



Pyramid Lake Tribal Health Center
 Thelma Simon, LADC, MTC Substance Abuse
 Counselor
 705 Hwy 446, Nixon, NV 89424
 (775) 574-1018
<http://www.plpt.nsn.us>



MENDING THE CIRCLE



Providing Outpatient Drug, Alcohol & Mental Health Treatment to Adolescents and Transitional-Aged Youth

Fallon Tribal Health Center
Fallon, NV

Pyramid Lake Tribal Health Center
Nixon, NV

Front page photo: the Stone Mother at Pyramid Lake, NV. As the story goes, she is the mother of all Indians who turned into stone after crying bitterly from the loss of her children. They were sent away due to their constant fighting. From her tears came the creation of Pyramid Lake. Photo was taken by Harriet Brady.



MENDING THE CIRCLE

PURPOSE:

The Mending the Circle (MTC) project is a 4-year grant awarded to the Fallon Paiute Shoshone Tribe (FPST) funded by the Substance Abuse and Mental Health Services Administration (SAMHSA).

Objectives:

- ◆ Collaborate with Pyramid Lake Tribal Health Center to improve substance abuse and co-occurring disorders treatment for American Indian/Alaska Native adolescents and their families and transitional aged youth
- ◆ Implement evidence-based assessment and treatment practices
- ◆ Link and coordinate with Tribal services systems serving adolescents and transitional aged youth to develop and improve infrastructure at the Tribal and Inter-Tribal levels



TREATMENT

Motivational Enhancement Therapy/Cognitive Behavioral Therapy (MET/CBT) was selected as the evidence-based practice (EBP) to treat substance use and mental health disorders of adolescents between the ages of 13 and 18, and their parents/guardians.

The Change Companies Interactive Journaling (IJ) is the selected EBP that will be utilized to treat transitional aged youth between the ages of 18 and 24.

Criteria for inclusion include:

- ◆ American Indian/Alaska Native adolescents, age range between 13 and 18 and transitional aged youth, 18 to 24
- ◆ The client must meet the DSM 5 or ICD-10 criteria for a substance use disorder. There may be secondary diagnoses for co-occurring disorders
- ◆ Tribal Health Center/Behavioral Health Programs: Must be an enrolled member of a federally recognized tribe, or provide proof of direct Tribal lineage or affiliation

INFRASTRUCTURE DEVELOPMENT

Objectives:

- ◆ Coordinate FPST Advisory Committee and subcommittees with Nevada Tribal Health Directors and the Inter-Tribal Council of Nevada's State-Wide Native American Coalition to focus on identifying gaps in service and identify funding streams, assist in development of financial maps and make improvements in the treatment and prevention of substance abuse related issues among tribal adolescents and transitional aged youth such as family dysfunction, school failure and delinquency
- ◆ The FPST Tribal Advisory Committee and subcommittees will also identify areas for workforce development and establish a workforce training plan
- ◆ Promote the dissemination of evidence-based assessments and treatment approaches to other Nevada Tribal treatment providers

