



NUMA NEWS

Let the old year end and the New Year begin with the warmest of aspirations

-Happy New Year





Brief of the 2022 FBC Annual Report

Chairwoman Cathi Williams-Tuni

Annual Report—December 2022



It has been an honor to serve the membership since September 2021 through the FBC appointment. I am very honored and thankful to have been elected to serve as your Chairwoman through October of 2024.

It's my desire to bring our membership back together as a whole nation, to support one another, to serve our people and to have our people serve one another through a variety of events, projects and visions.

Filling vacancies and committees is much needed by our people for our people in order to be a part of a strong voice for our programs and for our community.

As FBC, we've dedicated ourselves to working together through having weekly working sessions. Not only will the working sessions give us many opportunities to deeply dive into discussions in order to fulfill our visions, but also gives us a guideline to get progressing forward in a structured atmosphere. Once we have this meaningful collaboration, then we will take action!

Strategic Planning & Implementation

The Tribe has spent a lot of time, money & effort to come to a consensus that high-leverage organizational strategies are developed for our Tribe using effective implementation strategies. Our tribal government can then begin to move forward, stay on track with our overall vision toward self-sufficiency, growth and development. Steps to successful goal setting is determining what that goal will be, prioritizing objectives, developing a plan, executing and managing that plan, and revisiting often for change or revisions. Finally, once the goal begins to stride, it will be important for us to keep that goal moving at a steady pace through completion. This is the type of implementation planning our people have dictated loud and clear through community meetings and work sessions, so we intend to fulfill those challenges.

GOAL #1: Fallon Business Council Annual Priority Goal setting through weekly work sessions. Then take action to implement!

GOAL #2: Clarify & document the governance roles, responsibilities, structure, and processes within the Tribe.

True Leadership is servanthood. Leaders always put the interests of others at the center of decisions! -Dave Ramsey

GOAL #3: Determine internal & external opportunities for collaborative governance development.

GOAL #4: Have sustainable resources that support and advocate for prosperous, healthy and substance free youth, families, elders and community.

GOAL #5: Improve and strengthen external communications for membership interests, issues and services, including economic development.

GOAL #6: Have accessible core services that are welcoming and responsive to our membership issues and strengthens the well-being of our Tribal members.

GOAL #7: Improve internal communications by creating, maintaining and strengthening a variety of interactive networks between all programs and across divisions.

GOAL #8: Strengthen fiscal stability and accountability across all Tribal operations.



Working today to support our people's tomorrow & future generations!



TEAMWORK.
Coming together is the beginning.
Keeping together is progress.
Working together is success!
-Henry Ford

It is a wonderful feeling to be able to serve my people as the Chairwoman & to continue to be visible, helpful, a good listener, a kind and respectful servant to our people & community. I am so honored to be walking in the footsteps of all of our former leaders who've envisioned greatness for our nation; I am just another strong footstep leading the way to make sure those generational leadership visions remain alive & to continue valuable progression in a prideful way!

Pesha U!

Chairwoman Williams-Tuni



Finance Department

2022 Accomplishments

- 2021 Audit Completed and Filed by September 30th
- NO AUDIT FINDINGS FOR THE 10TH YEAR IN A ROW
- All Grant Reporting Has Been Caught Up and Is Now Filed On A Current Basis
- Currently Have Over 150 Programs, Including 117 Grant Programs to Account For
- 2022 Budget was \$43.7 Million, \$28.7 Million in Grant Funding, \$8.5 Million in Program Income, \$2.4 Million Indirect Funding & \$4.1 Million In Tribal Funding.

2023 Program Goals

- Improve Efficiencies of Monitoring and Working with Programs to More Efficiently Comply with Budget Restraints, and Ensuring Compatibility Between Internal & Agency Budgets and Spending Requirements
- Increase Outreach Programs To More Effectively Address Financial Needs
- Provide Employee Trainings on Relevant Issues and Concerns

Facilities & Maintenance Department

2022 Accomplishments

- Cleaned and maintained tribal buildings, landscaped, sprayed, and removed weeds around buildings as needed
- Set up for all tribal functions including but not limited to: council sessions, meetings, funerals, celebrations, holidays, etc
- Cleaned, sanitized, and fogged the administration building weekly to reduce Covid-19 and the flu.
- Completed work requests submitted by departments.
- Repaired multiple tribal buildings including but not limited to: patching holes in walls, fixing/replacing faucets, doors, caulking windows, HVAC, painting, framing, cleaned condensers, roof repairs/leaks, installation of electrical, removal of cabinet, installation and removal of appliances, built public safety measures due to Covid-19 etc, assisting with food distributions
- Completed installation of new flag pole at the admin building with assistance from PWD.

2023 Program Goals

- Continuing to clean and maintain all tribal buildings including but not limited to: sweeping, dusting, moping, painting, vacuuming, trash removal, cleaning restrooms, replacing cleaning supplies, etc.... to ensure a safe and clean working environmental for staff and community members.
- Setting up tables and chairs for any and all tribal events and helping cover gym floor before the events
- Continue to complete work requests submitted by tribal department in a timely manner.

Human Resources

2022 Accomplishments

- The HR office was staffed in April after many months of temporary assignments. The HR office was in complete disarray with files and paper stacked all over. We were able to organize the office and standardize personnel file organization
- 140 Current Employees
- 54 Hires-4/22 – 12/22
- 28 Terms-4/22 – 12/22
- 15 Positions Currently Open
- 9 Clinic / 6 Tribal Wide



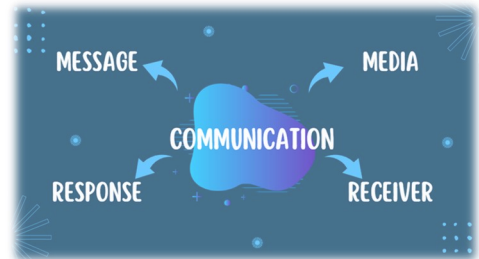
2023 Program Goals

- Staffing-Advertising, recruiting and filling open job positions, reducing attrition rate
- Employee handbook-Revisions, in concert with the Council, to close loop holes, clarify policy and general updates
- Tribal Access Program (TAP)-Implement HR portion of TAP to expedite PL101 extensive background screens
- New Employee Orientation-Monthly to include introduction to the Tribe, Summaries, Benefits, Harassment Training

Communications Office

2022 Accomplishments

- Managing media relations including collecting stories/news articles by building relationships with tribal programs/departments
- Manages in-house Newsletter printing basis, handling multiple assignments, meeting deadlines consistently while working with program directors and community members to meet those deadlines
- Created tribes first Annual Wall of Honor with Veterans photos displayed in the Council Chambers
- Completed the Flag Pole Project where a 40 foot flag pole will fly our American Flag as well as our Tribal flag at our Tribal Administration Building



2023 Program Goals

- Help build public interest and involvement in the tribal events and activities
- Continue the Wall of Honor Project to find photos of Fallon Paiute Shoshone Tribal Member Veterans, to add to our permanent Wall of Honor
- Host a official Flag Dedication Ceremony in front of the administration building in collaboration with NAS
- Expand communication network between relevant tribal, city, county, state and national points of contacts with the specific ideology of an expanding tribal presence.
- Being part of an emergency communications network

Information Technology

2022 Accomplishments

- Setup 40 new Desktop and Laptop systems for users as needed.
- Worked with Public Works and Vendor to resolve an issue that had taken the Water Treatment Plant offline, replaced defective Hard Drive in Tribal Police Server.
- Setup new Server and Workstation for Enrollment Dept. Moved all needed software and data to new systems.
- Assisted the Vocational Rehab Dept. with setup of a computer to house their new TVR Case Software.
- Obtained licenses for new Trend Micro Anti-Virus software and began task of moving workstations over to it.

2023 Program Goals

- To continue to serve the employees to the best of my ability by doing the following:
- Complete the Exchange Email Migration to our updated Mail Server.
- Complete the installation of Trend Micro Anti-Virus on all Tribal computers and servers.
- Oversee completion of our new Tribal Website by Web Designer and get it pushed out to the public

Grants and Contracts Department

2022 Accomplishments

- Submitted and received (11), BIA P.L. 93-638 contracts totaling \$1.2M
- Submitted and received \$7,451,753 in Federal, State and Foundation Grants.
- Grants denied: 1 (Tribal Transit Program) Current Fy 2022 funds will carry program to end of FY2023
- FY 2022 GRANTS & CONTRACTS CURRENTLY MANAGED by Administration and Tribal Programs: \$41,660,771.62
- The Grants Dept. and Grants Accountant was involved in program compliance oversight throughout FY2022. Types of site visits and reviews included

2023 Program Goals

- Purchase a Grants Management Software System that centralizes grant activity and grant management which will decrease administrative costs and burdens associated with grants to ensure the Tribe is compliant and audit ready.
- Increase Tribal revenue by 15% by receiving grant awards from Federal, State and Foundations.
- The Grants Administrator and the Grants & Contracts Compliance Officer will attend two (2) grant related trainings and/or webinars to improve grant management, grant writing and grant compliance abilities.

Water & Sanitation

2022 Accomplishments

- Stayed in compliance for Water & Wastewater systems. Completed all monitoring and sampling requirements by EPA.
- Installed a new 14 ton co2 tank, and removed old 6 ton tank, for Arsenic Treatment Plant.
- Completed IHS Water Loss Pilot Program, and Asset inventory/rate study with RCAC



2023 Program Goals

- Continue to provide clean and safe drinking water to all water consumers with minimal disruptions in service, and stay in compliance with all EPA regulations.
- Start construction on Lift station upgrade & Lagoon expansion project.
- Have all electronics in Treatment Plant and Distribution upgraded by Sierra Controls

Land & Water Resources Department

2022 Accomplishments

- As of December 3rd crop sales, summer and winter grazing, land leases and equipment rental and work requisitions have provided the department with \$60,701.21 of revenue.
- Tribal land leases approved by the FBC provided a revenue of \$13,118.75.
- Tribal farmland in production produced approximately 649 tons of alfalfa, grass, and wheat hay. Revenue generated from hay sales as of December 3rd is \$7,682.45. There are approximately 628 tons of hay that remains to be sold which will provide an estimated \$170,000 in revenue.
- Five tribal ranchers grazed approximately 259 head of cattle in the wetlands and on tribal grazing land which provided \$10,969 in revenue.
- Revenue in the amount of \$28,931.01 was received for equipment services



2023 Program Goals

- Maintain or increase the Land & Water Resources hay sale revenue for FY 2023.
- Complete the feasibility study on land (soil analysis) and agriculture production.
- Complete Native American Fish & Wildlife Wetlands Improvement Project.
- Complete Native American Agriculture Fund Livestock Corral and Water Well Project.
- Work on Irrigation Structure Improvement and Water Monitoring Projects funded by the Bureau of Reclamation.

Wetlands Program

2022 Accomplishments

- Completed Cattle Grazing: Wetlands Program and Land and Water Resources worked with Cattleman Permit Applications, Vaccinations Records, and completed Cattle Counts.
- Completed Water Delivery: Wetlands Program and Land and Water Resources worked with TCID to document Water Delivery into the Wetland Wildlife and Cattle Grazing Areas.
- Completed Water Quality Reports: Aspects of Water Quality Data from the Wetlands downloaded and placed into reports for the Wetlands Program and Land and Water Resources.
- Worked on Fence, Cattle Guards, and Gates: Completed Fence work in Wetland Cattle Grazing Cells and removed Russian Olives from Cattle Guards, Gates, and Wildlife Areas.
- Completed Wetlands Roadway Project: Completed Roadway Base Delivery with A&K with Wetlands Program and Roads Department applying the base to complete the project.



2023 Program Goals

- Work on Wetlands Fence, Cattle Guards, and Gates: Have the Wetlands Cattle Guard, Fence and Gate Areas ready for Cattle Grazing and Wildlife Use by removing Russian Olives.
- Complete Road Work and Maintain the Delivery System: Maintain Roadways and Water Delivery System with Wetlands Equipment for Wildlife, Vegetation, and Cattle Grazing.
- Complete Cattle Grazing: Work with Cattleman Permit Applications, Vaccination Records, and Cattle Counts to complete Cattle Grazing as directed by the Wetlands Manager. Complete Water Delivery: Wetlands Program, Land and Water Resources, and TCID work to deliver water into Wetlands Areas for Wildlife Use, Cattle Grazing, and Habitat Growth.

Tax Department

2022 Accomplishments

- Tax Revenue Collected (Calendar Year): \$2,129,421.82
- Tax Revenue does not reflect payments for December – DEC payments due on or before Jan 31st 2023
- Processed “96” Business License Applications throughout the year
- Coordinated the Volunteer Income Tax Assistance (VITA) program and processed tax returns throughout the year.
- Continually process tax returns and payments throughout the year from various business vendors.
- Continually worked with Departments, contractors and sub-contractors to ensure taxes are applied to contracts and paid on-time.

Tax Year	2019	2020	2021
Electronic Returns (Accepted)	199	216	195
Paper Returns	10	15	13
Members of Federally Recognized Tribes	145	145	131
FPST Tribal Members	84	84	82

2022 TOTAL Federal Refunds \$364,358.00

2023 Program Goals

- Work with the Tribes attorney, on approval, on the Tax Ordinance and forms to bring in more tax revenue for the Tribe.
- Complete revisions of the Tribes Tax Ordinance to include Marijuana Tax, Motor Fuel Tax, Entertainment Tax, Lodging Tax and Restaurant Tax and revise its collection processes.
- Continue to collect Tax Revenue on a monthly basis from Businesses, contractors, sub-contractors, local vendors and future projects.
- Continue to complete trainings and certifications for the VITA program.
- Ensure VITA grant objectives are met for the VITA Program for the upcoming tax year

Emergency Management & Volunteer Fire Department

2022 Accomplishments

- Emergency Management: Assisted with food distribution events to the FPST Tribal Community which included the monthly Northern NV Food Bank Mobile Harvest averaging 75 households each event and the weekly produce distribution to approximately 1,318 households in partnership with the Fallon Food Hub
- Held an EM Building Open House Celebration
- Distributed box fans, utility heaters and air purifiers to local Tribal Elders upon request
- Procured items for a COVID-19 two-week household quarantine supply kit and delivered to 114 Tribal Member households within an 80-mile radius of Fallon from January to July; assisted with the Emergency Operations Center (EOC) COVID-19 meetings; attended various meetings with local, Tribal, State and Federal Agencies; and attended various outreach events.
- VFD Members Cameron Allen, Christopher Bagaforo, Edwin Conway and Jill Downs participated in the National Night Out that was held at the Fox Peak Cinema and cooked approximately 300 hotdogs for the attending community.

2023 Program Goals

- Emergency Management: To oversee a structural engineer to conduct inspections of the FPST public buildings and critical infrastructure
- To develop engineering schematics for seismic structural retrofitting projects
- To develop mitigation strategies and obtain data to prioritize
- Select and develop community mitigation projects; to provide training to emergency personnel consistent with their current and potential responsibilities; and to implement an exercise program that tests the skills, abilities and experience of emergency personnel, as well as the plans, policies, procedures, equipment and facilities of the EM program.
- VFD: To respond to wildland/urban interface fire events; to properly train and equip the VFD Members to be able to respond efficiently, effectively and safely to fires and other emergencies; to provide fire prevention outreach such as newsletter articles, outreach events and working with the community on controlled burns.

Community Learning Center

2022 Accomplishments

- Received 1st Place Award for our float in the Labor Day Parade
- Attended and Participated in the NJOMA Conference held in Las Vegas this September
- Was awarded and accepted \$7500 Boys and Girls Club STEM Grant
- Came in 2nd place in the 2022 Best of Fallon competition for best run youth organization



2023 Program Goals

- Spend B&GC grant funds on updated security doors and signage.
- Expand Program Services by continued partnership with Boys and Girls Club programs and organizations.
- Identify and implement new grade, attendance, and performance tracking planning and software
- Collaborate with other Tribal and Community programs to expand funding and service opportunities for program participants.
- Policy and Grant Development to expand services.

Tribal Court

2022 Accomplishments

- Wrapped up the Adult Wellness Court in September. During the program, we had 18 total participants with 4 graduating from the program.
- Good progress on updating court forms. Judges reviewing for Federal and Law & Order code compliance.
- Court was in session 38 times; 169 criminal hearings (including a jury trial), 146 civil hearings (including 18 protection orders) and 2 cases went to the Appeals Court and are still pending. Wellness Court met 17 times.

2023 Program Goals

- Research fee schedules for other courts and evaluate; update the fee schedule for the Court. Have been working on this, would like to get more comparisons from additional tribes before completing.
- Court staff to take advantage of in person trainings as they become available. Limited availability during COVID restrictions.
- Continue updating court forms and have them ready for the new website when it becomes available.
- Work with other departments to implement the Department of Justice's Tribal Access Program. Along with features for other departments, this will allow the Court to distribute our Protection Orders nationwide immediately.

Roads Department

2022 Accomplishments

- Graded and maintained multiple roads and access ways throughout the reservation
- Installed/repaired road signs
- Completed work requests submitted to the department including but not limited to: dirt removal, hauling and grading, mowing, fence repair, road patching, etc....
- Mowed and maintained the roadsides to reduce weeds and site hazards, including elder yards
- Snow removal (when required)

2023 Program Goals

- Work with Transportation Project Coordinator to assess road conditions and proposed road improvement projects
- Maintain the roads throughout the reservation including but not limited to: mowing, grading, spraying, burning, trash removal, snow removal, etc..
- Maintenance Program for equipment under Roads Department
- Continue to assist any departments that need help.



Child Care Program

2022 Accomplishments

- The 2023-2025 Tribal Child Care Plan is due January 31, 2023. The Coordinator prepared the FPST Tribal Child Care Plan to be submit the plan in January.
- Coordinator prepared the 2023-2025 Tribal Child Care Plan for approval by Grantor.
- Conducted the annual Child Count for eligible children in the Fallon Service Area and submitted it in July 2022.
- Prepared a Needs Assessment Survey and mailed out to 300 homes with approval of FBC.
- Posted the draft plan for public comment for 20 days. After the 20 day posting period, a Public Hearing will be held on January 6, 2023,
- Coordinator submitted the 2020-2022 Tribal Child Care Plan using a new website CARS to the Grantor.



2023 Program Goals

- To construct a new Child Care Center for the families in the Tribal and Fallon communities.
- To continue to provide services to Native families on funding allocations, grant restrictions, application reviews and reports.
- To update the current Child Care Procedures and Policy Handbooks. To set standards on a possible quality/tier system and other child care issues. To provide safe and health environments for native children, by continuing background checks on child care providers. To provide health & safety trainings to old and new child care providers.
- To continue to collaborate with the different local and State programs on the continual changes of the child care industry for the enhancement of the Child Care Program.

Fallon Tribal Health Center

2022 Accomplishments

- COVID-19. We continue to navigate the COVID-19 virus as it becomes an endemic. We contacted a number of COVID-19 testing and vaccination programs for the Fallon, Lovelock, and Yomba Tribal Communities in this year and will continue this effort in CY2023 and CY2024.
- Facility Improvements & Updates. Continued to address facility needs including the addition of a new exit drive-way at the main facility, parking lot pavements at the Senior Center, and purchasing of a new modular office to accommodate continued service growth.
- Healthcare Positions. The Health Center, with coordination with Human Resources, and significantly filled most of the positions at the Health Center this year. As of December 2022, we are down to 3-4 vacant positions still needing to be filled.
- New and Returned Services and Activities. We were able to introduce some new services to address patient needs such as audiology. Also we were able to again hold the Toi Ticutta Health Fair in September with nearly 200-250 participants (our last health fair was in 2019). The pharmacy drive-thru has been a major success with nearly 75% of patients utilize this method for their pick-ups.
- Internal and External Coordination. We participated in the IHS Phoenix Area Master Plan for CY2023-CY2035 and were honored to have the IHS National and Phoenix Area Directors do an on-site tour of our facilities. We continue to participate with the Nevada Tribal Health Directors Group and the Nevada DHHS Tribal Quarterly Consultation sessions, and the IHS Phoenix Area Office (consultations, meetings, hearings, etc.).



2023 Program Goals

- AAAHC Accreditation. We went through a conference focused on getting accreditation and there is a lot of work to be done including policy updates, establishing an advisory committee, and internal committees.
- IHS Programs - PRC and Section 105 Lease. We are looking at submitting a request to take over our PRC shares in the 1st quarter of 2021 and submitting a 105 applications by the end of the year.
- Projects in Development. Tribal Sponsorship Program with the Silver State Exchange, a Community Health Worker program (a billable service with the CHR and fitness trainers), and planning for a new Tribal Health Center (based on space numbers provided from the IHS Master Plan).
- New Grant Implementation. Implement the new Connect and Protect grant (DOJ) for behavioral health and police coordination and the Rural Emergency Health Care Grant (USDA) which will fund COVID-19 efforts including a new mobile Clinic
- COVID-19. We continue to navigate the COVID-19 virus as it becomes an endemic. We contacted a number of COVID-19 testing and vaccination programs for the Fallon, Lovelock, and Yomba Tribal Communities in this year and will continue this effort in CY2023 and CY2024.
- Facility Improvements & Updates. Continued to address facility needs including the addition of a new exit drive-way at the main facility, parking lot pavements at the Senior Center, and purchasing of a new modular office to accommodate continued service growth.

Grants Development Program-Health Administration Division

2022 Accomplishments

- Prepared “Funding for Older Americans Act Title VI Native Americans Programs” grant application (submitted in November 2022); presented to and received approval from Fallon Business Council to apply for Title VI grant
- Prepared “Connecting Kids to Coverage HEALTHY KIDS American Indian/Alaska Native 2023 Outreach and Enrollment Cooperative Agreements” grant application (submitted in December 2022); presented to and received approval from Fallon Business Council to apply for CKC grant
- Established stable contact point with the Pennington Foundation Grants Department

2023 Program Goals

- Continue researching, developing and writing grant proposals and funding/donations inquiries and letters to support FTHC programs
- Continue tracking and monitoring proposals, their deadlines and requirements
- Apply for Region XI Community Development Block Grant; apply for New Access Point status (HRSA-19-080)
- Successfully fund new medical facility for FTHC

NOTE: The Grants Development Division is a new program that started in late September 2022 and has been in operation for just the last 3 months

Clinical Compliance & Patient Advocacy-Health Administration Division

2023 Program Goals

- Updating of the Patient Advocate Specialist position to add case management and clinical social worker duties and then advertise to get the Patient Advocate and Support program going.
- Updating of the Clinical Compliance Officer position to add duties for AAAHC accreditation and CMS reviews and then restart the compliance aspects of the program to achieve FTHC accreditation

Substance Abuse & Mental Health Program-Behavioral Health Division

2022 Accomplishments

- Fully Staffed: 1 FT Substance Abuse Counselor, 1 FT Behavioral Health Assistant, 1 PT Counselor Intern (8 hrs./wk. treatment services); Contractual Services – Psychiatrist @ 8 hrs./wk, Psychologist 8 hrs./wk and Therapist (Marriage and Family Therapist and Licensed Clinical Alcohol and Drug Counselor) @ 8 hrs./wk
- Provided estimated 777 psychiatric and therapy services to Tribal Health Center patients
- Provided 364 substance abuse screening, assessment, treatment and recovery support services to Tribal Health Center patients via in-office, telephone or teleconferencing
- Facilitated weekly Talking Circles (onsite) and via Zoom if requested by community members
- Continued collaboration with the Youth & Family TREE Grant regarding treatment & recovery support services
- Provider Trainings included: Native Dads Network Conference, April 5-7; SAMHSA OTAP Harm Reduction Summit, August 3-4, Dialectical Behavioral Therapy- Optimizing the Engine of DBT in Individual Therapy, August 18-19
- Promoted mental health by providing mental health information in Numa News, Quarterly FTHC newsletter & sent out weekly White Bison Elder’s Meditations via email to tribal staff

2023 Program Goals

- Maintain staffing and continue to provide mental health and substance abuse screening, evaluation, treatment & referral services, case management and recovery support services
- Continue to provide weekly Talking Circles & initiate additional Talking Circles via Zoom for Lovelock and Yomba
- Collaborate in hosting an additional DBT training for BH providers & Tobacco Cessation training for FTHC medical/nursing staff
- Collaborate with SAMHSA grants and other tribal programs to complete the TAP
- Advertise, recruit, and obtain (or renew) contracted providers to continue the provision of mental health assessment and treatment services for children, adolescents and adults
- Conduct a patient satisfaction survey for patients receiving Mental Health services

SAMHSA Youth & Family Tree Grant Program-Behavioral Health Division

2022 Accomplishments

- Fully staffed with a Family Therapist, Family Support Coordinator and Recovery Support Coordinator up through September. Family Therapist resigned mid-September.
- Family Therapist provided estimated 290 therapy services to Tribal Health Center patients.
- Family Support Coordinator provided 30 case management services to clients and their families.
- Recovery Support Coordinator provided 66 recovery support services to clients
- Continued collaboration with the IHS 638 Substance Abuse and Mental Health programs regarding treatment and recovery support services

2023 Program Goals

- Maintain staffing and continue to provide therapy, family support and recovery support through the end of the 5 and final year of this grant
- Host another Dialectical Behavioral Therapy Training for clinical staff
- Host a Trauma Informed Care training for FTHC and FPST staff
- Collaborate with the Tribe's leadership, tribal program staff and community members to complete the Tribal Action Plan

SAMHSA Tribal Opioid Response (TOR) Grant Program-Behavioral Health Division

2022 Accomplishments

- This project ended in September, however it provided the following: 163 Naloxone kits and 209 Fentanyl Test Strips were distributed in the Fallon, Lovelock and Yomba communities
- Provided Opioid Use/Misuse Prevention education and materials to 178 individuals including first responders and community members
- Utilized tribal newsletter, quarterly FTHC news letter, Circles of Care website and Circles of Care Facebook to provide opiate use/misuse education

2023 Program Goals

- Seek another grant that focus on Opioid Education and Naloxone Distribution (OEND) and submit an application.
- Continue to provide OEND trainings and distribute Naloxone kits and Fentanyl Test Strips

Patient Registration Program and Patient Scheduling-Business Services Division

2022 Accomplishments

- Checked-In Patients (to-date): 12,613 patients with 177 new patients being registered for FTHC services
- Continued with implementing strategies for decreasing patient "No Show" rate
 - Total No-Shows (across all divisions): 2,439
- Continued to assist with employee and community testing and vaccine events
- Continued improving community awareness regarding available support/services for Tribal Members and/or their Descendants
- Continued increasing Patient Benefits enrollment with Medicaid, Medicare, Marketplace, etc.

2023 Program Goals

- Successfully implement Patient Portal access
- Introduce new Patient Registration forms
- Standardized RX insurance card tracking for Greenway to RX30

Clinic IT, Environmental Services, and Procurement-Business Services Division

2022 Accomplishments

- Implemented Patient Messaging, Direct Messaging and appointment section of Patient Portal (Clinical Systems)
- Performed Dentrix Panoramic upgrade (dental system) (Clinical Systems)
- Developing FTHC website, to include on-line portal access and prescription refill for patients (Clinical Systems)
- Secure project management software to ensure all projects are categorized, prioritized and completed timely (Clinical Systems)
- Constructed a new exit driveway for the Health Center (EVS)

2023 Program Goals

- Implementation of new FTHC Website with online charts, appointment requests, and refill requests (Clinical Systems)
- Need to accommodate budgetary requirements to accommodate Greenway 14% invoice increase for 2023
- Finalize construction on new modular unit in Behavioral Health area (electric, water, sewer, communications) (EVS)
- Secure inventory management software system to improve supply ordering (Procurement)

Billing, Purchased/Referred Care, and CHR Programs-Business Services Division

2022 Accomplishments

- Via training, Billing Clerk learned charge posting in Greenway (Billing)
- Continued to improve billing and coding through continuing education. Learned charge posting in Greenway. (Billing)
- Outsourced Billing/Coding to MJP and Greenway Revenue Services in August (Billing)
- Collected revenue from Third Party payers - Total Revenue below: (Billing)
- Private insurance: Billed amount: \$ 730,256 Paid amount: \$ 309,091
- Medicare (CMS): Billed amount: \$ 329,047 Paid amount: \$ 143,181
- Medicaid (Nevada): Billed amount: \$ 1,642,149 Paid amount: \$ 3,386,696
(* Nevada Medicaid pay a flat encounter rate regardless of the amount billed so the revenue received is higher than the billed amount)
- Medical: \$2,208,274 Pharmacy: \$1,131,734
- Optical: \$150,926 Dental: \$ 109,572 (expect revenue to increase for 2023 with Dr. Hackley on staff)
- Behavioral Health: \$238,462

2023 Program Goals

- Continue to improve billing/coding process with MJP and GRS (Greenway Revenue Services). (Billing/Coding)
- Coordinate Medical Records and PRC to “close the loop” on the referral process. (PRC)
- Focus more on Community Health now the CHR’s have their CHW certification. (CHR)

Medical Program (Medical, Optical, Podiatry, Chiropractic, Laboratory, and Audiology) Clinical Services Division

2022 Accomplishments

- Renewed our moderate complexity laboratory licensure and have fully automated our lab test results with Greenway. We now have the ability to process most lab orders in house and same day.
- Upgraded the Chiropractic table and Podiatry table
- Added Audiology services and Audiologist, Dr. Alexis Berney, once a month
- Kicked off our annual children's health day at the Health Center that was very successful. Our focus was to get children vaccinated, well child exams, eye exams, dental exams to prepare them for the school year.
- Had a very successful Mammovan turnout, hoping to increase the Mammovan visits to twice a year.
- Our providers started their peer review and grand rounds meetings to discuss difficult patients and review work to elevate our level and quality of care.
- Workload: 13,557 scheduled appointments - 11,458 occurred visits and 2,099 no-show's (15.5% no-show rate)
- Laboratory: 1,212 - non-COVID Medical: Chai - 1,155 Optical: Bolen - 409 (partial) Other: Emm - 832 (chiropractic)
2,594 - COVID-19 Thomas - 938 Boston - 103 (partial) Dameron - 165 (podiatry)
267 - COVID vaccines Kim - 1,848 Hsu - 108 (partial) Giles - 98 (podiatry)
Zegler - 1,800 Wolfe - 10 (ophthalmology) Berney - 12 (podiatry)
(partial - 3 months)

2023 Program Goals

- Update aging medical equipment
- To improve Optical inefficiencies, and secure a permanent optometrist, implement a mobile health unit designed to ease the access to quality healthcare and providers for areas like the FPST Reservation, Yomba and Lovelock

Dental Program -Clinical Services Division

2022 Accomplishments

- Upgraded our pano xray system
- Secured a new permanent dentist, Dr. Robert Hackley (started September 2022); utilized locum tenens coverage from January through mid-September)
- Secured a better lab with lower costs for our patients
- Workload: 1,404 scheduled appointments - 1,064 occurred visits and 340 no-shows (24.2% no-show rate).

2023 Program Goals

- Working to hire a new dental assistant and possibly a new Dental Therapist so that we can handle the backlog of dental patients
- Upgrade aging dental equipment to make the rooms and equipment more efficient and comfortable
- Participate more with outreach to promote healthy dental hygiene, dental nutritional habits and revive the Give a Kid a Smile Program.

Pharmacy Program–Clinical Services Division

2022 Accomplishments

- Began working on database of over 900 patients who have no insurance in the system to identify those that are insured and providing list to Patient Registration to assist in obtaining needed records or referring to Benefits Coordinator.
- Maintained inventory on key items in spite of ever increasing drug shortages. Have avoided some of the out of stock conditions that many of our peers have experienced
- Maintain consistent drug costs (+ 8%) in spite of drug cost inflation national of 18-20% and generating 400 more RX's YTD
- Successful pharmacy return, cleaning up outdated drugs from pharmacy
- Began generating daily reports for Prescribers to review their Patient's compliance and refill needs prior to their appointments.
- We strategically add to the Formulary to better provide for the Patient while maintaining costs.
- Number of prescription Filled (as of 12/9): 34,317

2023 Program Goals

- Continue to expand on third party billing and capture as much revenue as possible
- Proactively work with Enrollment Specialist and Patient Registration to assure as many patients as possible have a third party RX insurance
- Develop tools to better monitor improvements in Patient compliance

Community Health Program (Stillwater Tribal Senior Center, Toi Ticutta Wellness Center, Diabetes Program) Clinical Services Division

2022 Accomplishments

- Fully opened the Senior Center for Congregate dining with a full daily salad bar
- Weekly activities are a hit with painting classes, round dancing, theme parties, field trips and cultural events
- Just hired a new head cook and assistant cook to be fully staffed
- Fallon Food Hub provided weekly fruits and vegetables (\$300 per week) to help us with food shortages
- Implemented a Community Health Program where a Nurse makes in home health visits
- Hired a Community Health Nurse that also performs as Diabetes Coordinator who monitors the Diabetic Patients. This position also does home health checks for any of the tribal community

2023 Program Goals

- To engage and get more elders to participate in activities and to attract more elder men to participate in our program
- Implement an electronic check in system (My Senior Center) for tracking activities and meals and deliveries
- Fully develop the in-home health program and access the needs of Elders, connect them with what ever resources they may need.
- Reinstating the biggest loser program that was cancelled due to Covid
- Implement an incentive program to encourage more diabetics, pre diabetics and tribal members to work out.
- Planning to update some outdated and broken exercise equipment
- Trainers will continue to work with the Elders at the Senior Center and with the Youth after school program to increase physical activity for both groups

Housing Department

2022 Accomplishments

- Housing Repair and Rehabilitation for Elders and Disabled - Throughout our tribal lands (Reservation and Colony), one can see Handicap Accessibility work that Housing has completed for eligible families.
- Staffing Needs- Your Housing Program has been able to increase its funding sources to provide more housing assistance in the community. Identified need for additional staff: Housing Construction Project Manager, Fiscal/Procurement Officer, One Additional Resident Service positions, and Additional Carpenters -2. To be advertised in 2023, once office space is added
- Travois AGREEMENT- An Agreement to assist Housing with the development of a project concept and a plan for implementation of a new housing development with the possibility of pursuing a Low-Income Housing /Tax Credit (LIHTC) application through the Nevada Housing Division.
- Utility Heating Assistance-Housing purchased an additional 15 cords of wood from the Washoe Tribe to provide more wood, this year, to community members in need. The Housing office also split wood to assist the Tribe to prepare for the Heating assistance program it had available in 2022. One of the main bragging points is that Housing has been able to provide utility heating assistance for eligible applicants during the winter months of October 1 through March 30 of each year. Staff also goes out of their way to deliver wood and pellets to families and at each home, staff has been seen stacking their deliveries as well. Assistance provided includes 100 gallons of either heating fuel (oil or propane), pellets for pellet stoves, and one cord of wood for homes with woodstoves.

Housing Department (Continued)

2023 Program Goals

- Scattered Site Homes- Identify four (4) eligible applicants to build homebuyer homes for families on their own property on the Reservation. Begin construction of those homes in 2023.
- Travois Agreement- Work with Travois Staff to submit a Low-income Housing Tax Credit application to the State of Nevada Housing Division for Tax Credit Funding to be used in the new housing development projects. Application to be submitted by the Spring 2023 deadline.
- Tribal Youth Employment Program- Hire tribally enrolled youth, full-time, to work for the Housing Department during the summer, for eight to ten weeks, on housing activities to improve residential areas. Youth will be supervised full-time by Housing staff and this opportunity will provide them with a hands-on learning experience in taking care of their communities

Stepping Stones

2022 Accomplishments

- Served 10 Native American Youth from 4 NV Tribes & the Department of Child & Family Services-Nevada and billed for 859 Bed Nights
- Provided a safe environment for our clients along with delinquency, education, culture, and life skills activities (From Jan 2022 to present).
- Maintained licensing & up-keep on building and health and safety codes by completing associated annual inspections, quarterly trainings and daily forms.
- Worked with BIA Human Services, Finance, and Social Services to find a solution to the WAG funding issue that arose. The issue was resolved and no funding was lost
- Resolved the issue with our new Septic Tank for the Shelter

2023 Program Goals

- Acquire a Generator for backup power for the Shelter
- Have the outside stucco resprayed as the current stucco is cracking
- Pour a concrete slab and fence the area for the garbage dumpster and recycling bins
- Maintain licensing & up-keep on building, & health and safety codes by completing associated annual inspections, quarterly trainings and daily forms.
- Provided a safe environment for our clients along with delinquency, education, culture and life skills activities (January 2023-December 2023)

Transit Department

2022 Accomplishments

- Applied for new funding to expand transit program service, including another driver and expanded hours of operations.
- Started operating again on July 5th 2022, transporting community members to various destinations.
- Transit is currently transporting approximately 8-12 riders per day.
- Was able to hire a full time driver in October 2022.

2023 Program Goals

- Hire a second Bus Driver.
- Expand operation days to include weekends.
- Install bike racks on buses to provide additional options.



Environmental Protection Program

2022 Accomplishments

- Completed an FPST Illegal Dumping Ordinance to address illegal dumping on tribal lands.
- Completed the 22nd Annual Earth Day Community Activity Week and 20th Earth Day Celebration.
- Completed water quality sampling and monitoring of surface waters on the reservation.
- Expanded lab capacity by conducting water quality E.coli analysis and mosquito speciation for the West Nile Virus.
- Researched and completed an FPST Climate Change Vulnerability Assessment.

2023 Program Goals

- Reduce exposure to air pollutants by implementation of a new two year EPA Air Monitoring Program for the community.
- Protect groundwater pollution by development of an Underground Storage Tank (UST) Program for the Fox Peak Stations through training and technical assistance.
- Reduce the Tribe's vulnerability to climate change by research and development of an FPST Climate Change Adaption Plan.

Vocational Rehabilitation

2022 Accomplishments

- Wheelchair accessible building
- Accessible Parking Sign installed and picnic table
- Storage Shed housed outside VR for archived files and supplies
- Fully Staffed after some turnover
- Client numbers:
- Open Cases 14 (March 2022)...78 (December 2022)
- 17 in Application Status
- 39 in Eligible Status
- 22 in Employed Status



2023 Program Goals

- VR Counselor and VR Tech will attend Voc Rehab Training classes/webinars to gain a better understanding of VR
- Meet federal guidelines for successful case closures – 26 successfully employed consumers
- To present more cultural activities and workshops to consumers (Tule Duck Decoy Demonstrations, beading, sewing, hand drums, etc.)

Victim Services Program

2022 Accomplishments

- Received a one year no-cost extension on the OVW grant (Expires 09/30/2023).
- The VS program assisted 46 clients this year. (OVW & OVC)
- The Victim Services Program in collaboration with FPST Law Enforcement, Emergency Management and Housing Department, hosted the 1st annual National Night Out to show support for all of our local emergency first responders in Churchill County. The event was a success and was attended by: Churchill Co. Sheriff Department, Nevada Highway Patrol, Banner Hospital, NAS Security/Fire, Lovelock Tribal Police, FPST Fire Department, ITCN Family Violence Prevention Program and the FPST Law Enforcement.

2023 Program Goals

- Wrap up the OVC Community Needs Assessment project with the University of Nevada Reno (Dr. Freeman) and present the results to the FBC and community.
- Apply for continued funding to support the programs growing numbers.
- Continue to provide victims within the community with direct emergency services and referrals.

Social Services

2022 Accomplishments

- Successfully reunified children with their families.
- Successfully obtained a full time notary.
- Successfully obtained an Adjudicator

2023 Program Goals

- Begin Establishing a Homeless program.
- Recruit new Foster Homes.
- Establish more resources for the Tribal Membership.
- Obtain a alarm system for additional security of Social Services office.



January

2023

Senior Center Activities

The Senior Center Activities Calendar is subject to change, please call (775)-423-7569 to confirm activities are happening.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Closed	Closed	Morning Coffee and Movie	National Trivia Day	11am Catholic Charities	BINGO 10am-11:30am	Closed
8	9	10	11	12	13	14
Closed	Law Enforcement Appreciation	BINGO 1pm		Paint Class 1pm		Closed
15	16	17	18	19	20	21
Closed	Closed Martin Luther King	Morning Coffee and Movie		Valentine's Day Wreath 10am	BINGO 10am-11:30am	Closed
22	23	24	25	26	27	28
Closed	Games Day	BINGO 1pm	Health & Wellness Day 9am-2:30pm	Paint Class 1pm		Closed
29	30	31				
Closed		Morning Coffee and Movie				
Closed						

Stillwater Senior Center spreads holiday cheer

By Jill Wright tribalnews@fpst.org

On Wednesday, December 21, the Stillwater Senior Center hosted Christmas feast for over 100 seniors and community members. The dining room was decorated as well as all the round tables.

Blessings were given by both Tribal Member Elders Corrine Lewis and Elder Millie Brigham. Colton Tohannie sang a beautiful Christmas song for the seniors.

Jon Pishion, FTHC Director along with Sherry Taylor who oversees the Senior Center, the new cook LaCarrie McCloud and several more crucial kitchen staff and volunteers pulled it off as if they'd done in years past.



Senior Center staff and Clinic Staff cooked up an amazing Christmas meal

As the staff was getting ready the meal ready, MC Joey Fanjul, Physical Fitness Trainer started a game of bingo for the attendees with wonderful gifts for the winners.

Guests enjoyed a warm meal and enjoyed the afternoon raffle that ended the event. Our seniors have served our community for many years. Now it is our turn to give back a little bit, especially around this time of the year. Compliments on the dinner were shared with everyone of Sherry Taylor's-helpers as laughter and good-cheer was shared by all.



Whoville celebration with the Fallon Paiute Shoshone Tribe

Merry Grinchmas Everyone

By Jill Wright tribalnews@fpst.org

With all its colors, characters, and cartoony creativity, many friends and family escaped to Whoville this year at the FPST tribal gymnasium that was decorated by the Fallon Housing Authority. Huge cut outs of the Grinch stealing Christmas lights, Cindy Lou, Max the dog and themed banners were built and designed by Chairwoman Williams Tuni and her husband Wilfred Tuni and were displayed on stage and throughout the building.



The event started by Elder Tribal Member Sandra Ellison, who gave a beautiful Christmas Blessing over the event, to pause in the midst of all the excitement and for everyone not to forget the true meaning of why we celebrate Christmas and blessing for the New Year.

The Whoville Raffle at the 2022 Christmas Dinner was a hit as winners picked their own prize

The community enjoyed a traditional Christmas Dinner prepared by Whoville Chefs; Aaron Brady, Karen Gunnells and Bruce Dorman as many community members brought warm and festive side dishes that brought the holiday meal together as they sat around the table with Grinch centerpieces.

There was a Whoville Mall where coats, hats and blankets were handed out by volunteers Randy Allen and Chelsea Tuni. The Fallon Tribal Health Clinic provided Christmas cheer by donating over 350 candy bags filled with some old fashion candy, chocolates and an apple and orange. Giving the gift of Christmas, Elizebeth Works delivered meals to homebound seniors who were unable to attend, but were grateful for the Christmas meal.

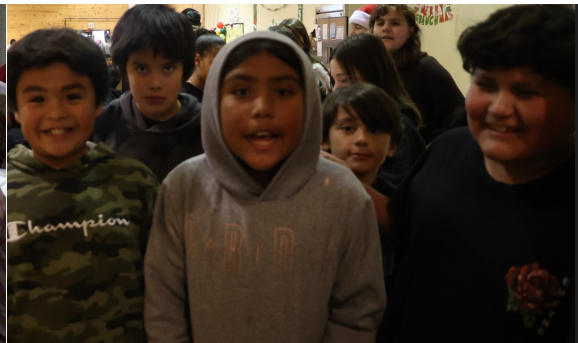
Back by popular demand, singers Colton Tohannie and Joseph Smith provided the entertainment as they sang and drummed at this year's event, which was of utmost importance at this Christmas celebration. As always they did an amazing job.

Special Guest Santa Claus, the Grinch and all his helpers handed out gifts to all youth ages 17 and under. Some children were excited to see Santa, others put on a brave face to walk up to receive their gifts. After the gifts were handed out Santa had to leave for his next stop and waved good bye.

The last activity on the agenda was the Whoville raffle. Lynette Fisherman, Martee Austin, Vickie Moyle, Chairwoman Williams-Tuni, Cody Downs and Ezekiel Downs helped with the drawing. Raffle tickets were drawn, then the winner would approach the stage, pick out a Whoville "paper cut out" on the board, and behind each cut out was printed what they would win, so each winner got to "Pick their own Prize".

We didn't want this event to be about the angry Grinch. We wanted to show that instead Love and kindness always wins! Once again we want to thank everyone and every department who helped and made this year's event a huge success. We could not do it without you.

May the new year bring you peace, joy, and happiness.



“JUST A FRIENDLY REMINDER FROM THE CHILD CARE PROGRAM”

The FPST Child Care office is located at the Tribal Administration Building at 565 Rio Vista Drive. Office hours: Mon-Friday - 8:00 a.m.-5:00 p.m.

The FPST Child Care Program is a subsidy program that assists eligible families with the cost of their child care needs while they are working or going to school.

Eligibility for approval is determined on the household income and eligibility criteria. The program's mission is to provide our tribal children with a safe, loving, and a quality child care environment.

The FPST Child Care Program allows parents/guardians the option of

selecting the type of child care that meets their needs.

The types of child care provided are:

- Center Based Care
- Family/Friend Care
- In-Home Care (3 or more children in care.)

All providers must pass background checks before they are accepted into the program as per P.L. 101-630 Section 408.

The Payment rates for full time and part-time:

Center- \$24 per day \$4.00 per hr
 Family - \$24 per day \$4.00 per hr
 In-Home (3 or more children) \$22 per day \$3.65 per hr

Full Time – 6 hrs and over a day

Part Time - Less than 6 hr a day

Applications can be mailed, emailed, faxed or picked up at the Child Care office located Administration Building at 565 Rio Vista Drive.

The Draft Plan for the FY 2023-2025 Tribal Child Care Plan has been posted for 20 days for the community review. The Plan is posted at the Tribal Health Center, Youth & Family Services, Community Learning Center and the Housing Authority Office.

If you have any questions regarding the FPST Child Care Program or the posted draft Plan, please feel free to come by the office or call (775)423-6075 ext. 1022 or e-mail at ccdf@fpst.

WINTER DRIVING KNOW BEFORE YOU GO

Check road conditions.

Call 511 or visit your state's DOT webpage to check on road conditions. Choose a different route or adjust your travel plans if road conditions are poor.

Pack an emergency supply kit.

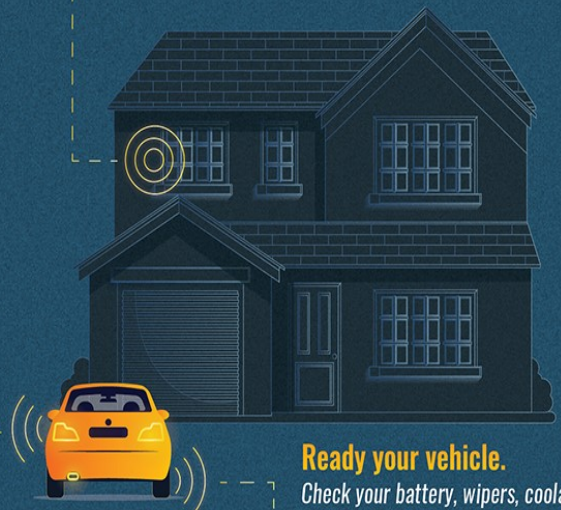
Stock your vehicle with a mobile phone, charger, batteries, blankets, flashlight, first-aid kit, high-calorie, non-perishable food, candle to melt snow for drinking water, sack of sand or cat litter for traction, shovel, scraper, and battery booster cables.

Get the weather forecast.

Change your travel plans if hazardous weather is expected.

Ready your vehicle.

Check your battery, wipers, coolant, and other systems affected by cold temperature. Make sure your tires have good tread. Clear snow, ice or dirt from your windows, lights and camera.



ICE & SNOW, TAKE IT SLOW

Each year in the U.S., there are over
1,000 deaths and **100,000 injuries** due to
vehicle crashes during winter weather.

DID YOU
KNOW?



Clean off your vehicle before driving.
Flying snow from cars causes accidents.



Keep it slow, and don't use cruise control.
Roads can be slick even if they just look wet.



Leave extra distance between vehicles.
Stay especially far from snow plows.

weather.gov



NO SEW

Tie Blankets

Brrr!!!! Its Cold Outisde!!!

*Join Us In Learning How To Make No-Sew Fleece
Blankets!*

All supplies will be provided



Tuesday,
January 10th

6PM - 8PM



Multi Purpose Room
Community Learning Center
8955 Mission Rd

*For questions and more information please contact
Letisha Yellowhawk @ 775-423-8065 or 775-217-9291*

LUNCH AND LEARN

TOPIC: FEELING SATISFIED WHILE EATING LESS

A white ceramic bowl with a light blue geometric pattern around the base is filled with a hearty chili. The chili is topped with a generous amount of shredded yellow cheddar cheese. The bowl sits on a white plate with a textured, dotted pattern. Several golden-brown tortilla chips are scattered around the base of the bowl. The background is a light-colored, weathered wooden surface.

TOI TICUTTA WELLNESS CENTER

8929 Mission Road

WHEN: JANUARY 18, 2023

TIME: 11:00 a.m.

PRESENTED BY:

LAURIE BISSETT, RD

SHERRY TAYLOR RN, BSN



Joey Fanjul-Classes
Monday, Wednesday, Friday
Boot Camp style classes 5 am
Elder Strength and Conditioning 10:00am
All other times are personal training

Avery Ijames-Classes
Stretching and Mobility Classes
Monday, Tuesday, Wednesday, Thursday
5:30-6:30 pm
Friday 3:00-4:00 pm
All other times personal training
Starting in Spring Yoga Classes

Monika New Moon-Classes
Saturday-Sunday
Cardio-Kick Boxing
10:00-11:00 am
All other times personal training



FITNESS FACT

Regular physical activity, combined with a healthy diet, can help prevent and manage Type 2 Diabetes.

EXERCISES AND TECHNIQUES TO REDUCE STRESS DURING THE HOLIDAYS

With the rush of the Christmas season upon us, it's sometimes stressful to keep up the pace. We want to make everything perfect: See everyone we miss, decorate beautifully, and give the perfect gifts. But stress can take the fun out of our holidays, taking its toll on our physical health.

A few minutes a day dedicated to stress relief can make your holiday season more fun and better for your health. Exercise will warm and stretch your muscles to reduce physical stress, and relaxation techniques will ease the tension we harbor from stress.

Exercises to Reduce Stress during the Holidays

- High Energy Aerobic exercise
- Team sports
- Martial arts
- Gentle yoga
- Spin down with cycling
- Relaxation techniques
- Meditation for relaxation
- Take a Depp Breath
- Talking to a friend
- Laugh out loud
- Set a holiday playlist

HAPPY NEW YEAR!



SIGN UP TODAY! AFFORDABLE CONNECTIVITY PROGRAM

Free or Reduced Internet service

The Affordable Connectivity Program is an FCC benefit program that helps ensure that households can afford the broadband they need for work, school, healthcare and more. The benefit provides a discount of up to **\$30 per month** toward internet service for eligible households and up to **\$75 per month** for households on qualifying Tribal lands.

(Visit [FCC.gov/acp](https://www.fcc.gov/acp) for full details)

Two Step Enroll

1. Go to affordableconnectivity.gov to submit an application or print an mail-in application

2. Contact you preferred participating provider to select an eligible plan and have the discount applied to your bill.
(CC Communications is a participating provider)

Eligible households must apply for the program at ([FCC.gov/acp](https://www.fcc.gov/acp)) and contact a participating provider to select a service plan.

Learn more: Call 877-384-2575, or Visit [FCC.gov/acp](https://www.fcc.gov/acp)

Schedule an appointment at the Administration office on January 13th or 19th from 10AM to 2PM.

Please contact Russell, ARPA Manager at 775-423-6075 ext. 1013 or email at ARPAmanager@FPST.org for appointments.

*Fastpitch
Softball*

PITCHING CLINIC

JANUARY 10 - MARCH 2, 2023

Clinic Fee:

\$50

Join Tammie Shemenski for 8 weeks of instruction to develop skills in the fundamentals of pitching

TUESDAYS AND THURSDAYS*

Starts at the City-County Gym at Venturacci Park

**From 1/24 -2/16 clinic will be held in the Oasis Academy Cafeteria from 6:30-8:30 p.m. during Youth Volleyball League*

6 to 12 Age Group

6:00—7:00 p.m.

13 to 18 Age Group

7:00—8:00 p.m.

A parent/guardian is required to stay during the 6-12 age group sessions. Participants must wear athletic attire (preferably white-soled sneakers) and bring a glove/catcher to each session. Each registered athlete will receive a clinic shirt.



Parks and Recreation

For more information and to register visit our website:

ChurchillCountyRecreation.org



Registration Open December 1 - 30
\$40 participation fee (shirt Included)

**There is only room for 64 girls
register ASAP!**

Season runs January 24 - February 16
Tournament held February 18

Practices/Games will be on
Tuesdays & Thursdays 5:30 - 6:30 or 6:30 - 7:30

DIRECTOR: LISA NORDMAN LISAMARIESWIRZ@GMAIL.COM

REGISTER AT CHURCHILLCOUNTYRECREATION.ORG

Churchill County Parks and Recreation

DOG OBEDIENCE

WINTER 2023 CLASS OFFERINGS

COST: \$65 PER DOG | LOCATION: THE DRY GULCH BUILDING
COPIES OF CURRENT SHOT RECORDS REQUIRED TO REGISTER

ADVANCED CLASS WITH THORA

- 7 class session on Wednesdays
- January 11 - February 22
- Classes at 6:00 pm



BEGINNER/INTERMEDIATE CLASS WITH CARLA

For dogs over 4.5 months old

- 6 class session on Mondays
- January 9 - February 13
- Classes from 6:35-7:35 p.m.



PUPPY CLASS WITH CARLA

For puppies aged 9 weeks to 4.5 months

- 6 class session on Mondays
- January 9 - February 13
- Classes from 5:30-6:30 p.m.



Parks and Recreation

PRE-REGISTRATION IS REQUIRED
FOR MORE INFORMATION/TO REGISTER VISIT:
CHURCHILLCOUNTYRECREATION.ORG
(775) 423-7733 | 325 SHECKLER ROAD



WELCOME TO BEHAVIORAL HEALTH PROGRAM FOR MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES – JANUARY 2023

Mental Health Program Assessments, Psychiatric & Therapy Services

Dr. Sonny Ruckstuhl, Clinical Psychologist, available on Tuesdays.

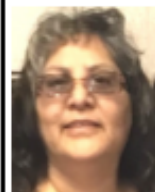
Dr. Steven Rubin, Psychiatrist, available Wednesdays.



Ellen Johnson, MA, LMFT, LCADC is a licensed marriage and family therapist as well as a licensed clinical alcohol & drug counselor. Ellen is available for therapy services on Thursdays (all ages).

Family Therapist, Vacant We are currently seeking a qualified candidate to fill this position.

Substance Abuse Program (SAP) Assessment & Outpatient Treatment



Cynthia Wachsmuth, Substance Abuse Counselor. She is available for screenings, evaluations and substance abuse treatment and referral services.



Sunny Cox, Family Support Coordinator & Substance Abuse Counselor Intern. Sunny will assist the Family Therapist and provide case management services. She is also a part-time substance abuse counselor intern and can provide screenings, assessments, treatment and referral services.



Brenda Hooper, Recovery Support Coach & Coordinator. She provides recovery support to individuals in early recovery from substance abuse and mental health issues. Her roles is to help people stay on their wellness path.



Shelby Harrison, Behavioral Health Assistant. Welcome Shelby to our team. For an appointment any of the BH providers, contact her at 423-3634, ext. 1042.

For questions regarding services or activities contact Leslie Steve, MA, LADC, Director of Behavioral Health at 423-3634 ext. 1032.

PRACTICE MINDFULNESS.....Breathe.
"Yesterday is gone, tomorrow hasn't happened; what we have is right here, right now. Promote peace and be good to each other, so whatever you put out, will come right back to you."



Sonny Ruckstuhl: *I hope for everyone to find peace in their life.*

Steven Rubin: *Wishing all a healthy 2023 and beyond. "Learn from yesterday, live for today, hope for tomorrow."—Albert Einstein*

Cynthia Wachsmuth: *To see beyond each other's faults. That we in heal our own wounds & heal our community's wounds with grace and understanding.*

Sunny Cox: *Remember each day is a new beginning, make the most of it.*

Brenda Hooper: *Take a leap of faith and start the New Year by believing..., make it your own.*

Leslie Steve: *I hope people can set aside differences, disagreements and work together for our people.*

Please wear a mask
Regardless of your
vaccination status.



Where: 999 Rio Vista
Contact Cynthia
Wachsmuth for more
Information at (775) 423-3634, ext. 1041.

The Fallon, Lovelock & Yomba Wellness Community (WELCOM) Circle

The next meeting will meet on 1/19/23 from 12noon to 1:30 p.m. at the COC building. Community members are welcome to attend. For more information contact Sunny Cox at 423-3634.

2023 RESOLUTION SUGGESTIONS FOR WELLNESS & SELF-CARE ACTIVITIES

Here are some suggestions for you and your family regarding wellness and self-care for 2023.

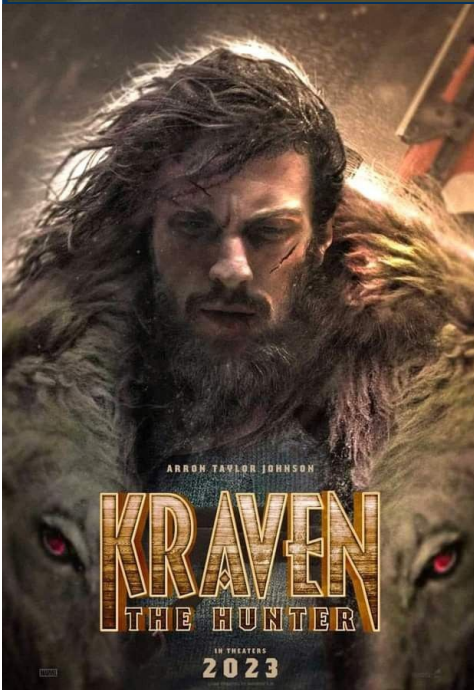
- ◆ Exercise and do activities such as walking, bicycling, hiking, yardwork/gardening, games, arts and crafts and much more
- ◆ Eat a balanced diet and try to sleep 7-9 hours or at least that amount of hours that help you feel good
- ◆ Read daily, something you enjoy such as a favorite magazine or book
- ◆ Pray to the Creator
- ◆ Meditate for relaxation and stress management
- ◆ Do mindful breathing exercises; be in the moment, right here, right now
- ◆ Listen to music that lifts your spirit
- ◆ Smudge
- ◆ Say no to alcohol and drug use, including tobacco products; learn and practice coping and stress management skills as well as refusal skills
- ◆ If you are in recovery, avoid people, places or things that put you at risk for a slip or relapse
- ◆ Find an online support group or call your sponsor if you have one

Additional ways to maintain positive mental health include:

- Getting professional help if you need it
- Connecting with others
- Staying positive
- Helping others
- Developing coping skills

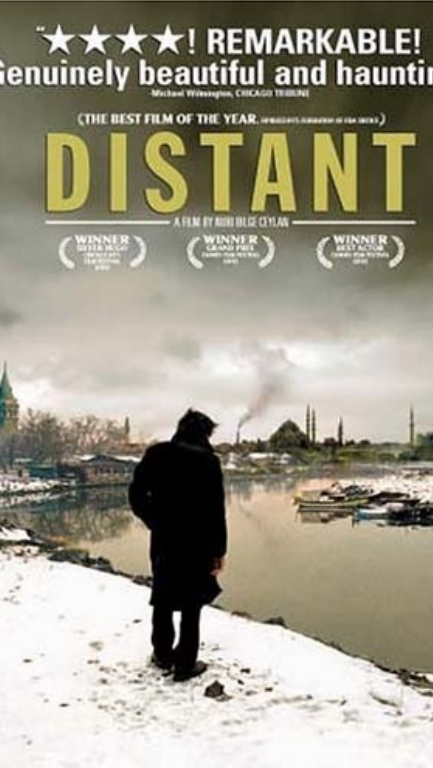
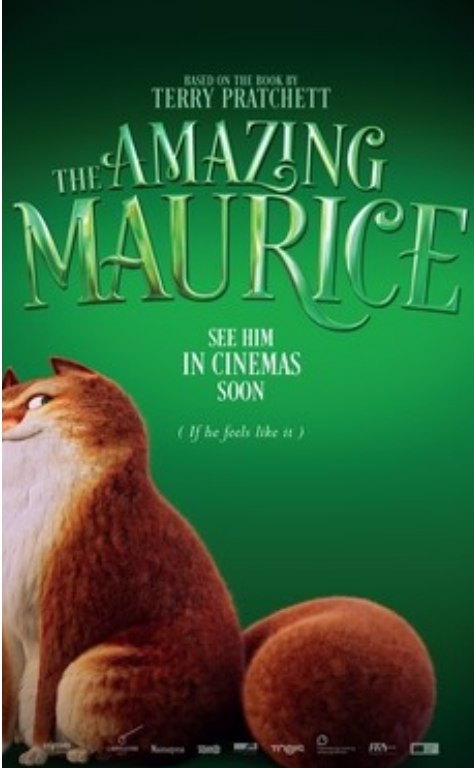
For more information on prevention or treatment services, contact the FTHC Behavioral Health Program at 423-3634, ext. 1041.





Jan 13 Kraven the Hunter
Megan
The Amazing Maurice

Jan 27 Harold and the Purple Crayon
Distant



Pick up your bag of popcorn at Fox Peak Station for only \$5

All Pre-Covid releases still only \$1



Adult evening shows: \$10.00
Children (under 12) are \$7.25
Seniors / Military: \$8.25

Matinee (before 6pm): \$7.25
Classic Shows: \$1.00
Call for showtimes: 775-423-7099

January 2023



FPST VOCATIONAL REHABILITATION

1007 Rio Vista Drive
Fallon NV 89406
Phone: 775-428-2250
vrmanager@fpst.org

Taleah Hinkey, Program Manager
Vanessa Charley, VR Counselor
Teona Nevers, Tech

VOC REHAB 101

What is Vocational Rehabilitation (VR)?

VR is a program designed to serve individuals with physical, mental or cognitive disabilities in reaching their employment goals (a new job or maintain their current job).

Who is eligible?

Must reside in or near: Fallon, Lovelock or Yomba AND have a documented disabilities and/or receives SSI Disability OR needs an assessment to determine disability AND whose end goal is to have a job or maintain current job AND be enrolled in a federally recognized tribe.



Welcome, Teona!

Teona Nevers is very excited for her new position as the Voc Rehab Tech! Teona is a mother of three and loves to make memories with her little family. Teona enjoys the outdoors and traveling.

Teona wishes everyone a Happy New Year and let it be a wonderful one!



Interested in applying?

Please call, email or stop by
1007 Rio Vista Drive Fallon NV 89406
Phone: 775-428-2250
Email: vrmanager@fpst.org

JANUARY & FEBRUARY FOOD DISTRIBUTION SCHEDULE



The following is a schedule for the January & February food distributions for the Fallon Tribal Community. This schedule includes the monthly USDA Yerington Commodity food distribution and the Northern Nevada Food Bank Mobile Harvest.

USDA Yerington Commodity Food Distribution (CLC Parking Lot)

Participants must meet USDA guidelines. Contact YPT for additional eligibility requirements. You can visit their Facebook page for the Yerington Commodity Food Program or by phone at (775) 783-0206.

Tuesday, February 7, 2023

8 a.m. to 12 p.m.

Northern NV Food Bank Mobile Harvest (CLC Parking Lot)

Drive-thru style distribution of fresh fruit, dairy and vegetables. Mobile harvest is the **2nd Tuesday of every month**. Participation is open to all Churchill County residents of all income levels. First time participants are required to complete an initial intake form on-site.

Tuesday, January 10th & February 14, 2023

12:30 p.m. to 1:30 p.m.



**FALLON PAIUTE-SHOSHONE TRIBE
EMERGENCY MANAGEMENT DEPART.**

8942 MISSION ROAD
FALLON, NV 89406
(775) 887-8706

FPST Winter Season Heating Resources

FPST Emergency Management Department: Utility heaters (limited supply)

- ◆ FPST Member 55+
- ◆ 1 per household
- ◆ Limited to 1 per every 2-years (unless you can show defect)
- ◆ Must pick-up

FPST Housing Department: 1 cord of wood or 1 pallet of pellets or 100 gallons of propane or 100 gallons of heating oil

- ◆ FPST Member 55+
- ◆ 1 time assistance
- ◆ Low-Income Household
- ◆ Must reside on the FPST Reservation or Colony
- ◆ Available between October 1, 2022 through March 31, 2023

FPST Land & Water Resources: Wood

- ◆ FPST Member 65+
- ◆ Limited to 1 load delivered monthly
- ◆ Must reside on the FPST Reservation or Colony
- ◆ Available between October 1, 2022 to March 31, 2023

FPST Youth & Family Services: Emergency Elder Assistance

- ◆ FPST Member 65+
- ◆ Low-Income Household
- ◆ Must seek services from the FPST Housing Department first
- ◆ Must reside in Churchill County

Emergency Management
Department
(775) 867-8706
8942 Mission Road

Land & Water Resources
(775) 423-3725
8820 Mission Road
Fallon, NV 89406

Housing Department
(775) 423-3321
2055 Agency Road
Fallon, NV 89406

Youth & Family Services
(775) 423-1215
1007 Rio Vista Drive
Fallon, NV 89406





Fallon Paiute Shoshone Tribe

Boys & Girls Club

January 2023

FIRST OFF WE WOULD LIKE TO WISH EVERYONE A HAPPY NEW YEAR!
WE HOPE YOU ALL HAD A HAPPY HOLIDAY AND A GREAT WINTER BREAK!
WE HAVE BIG THINGS PLANNED FOR THE COMMUNITY THIS YEAR AND WE ARE
EXCITED TO START OFF WITH SOME NEW CLASSES!

LAST YEAR WAS AMAZING AND WE FELT SO MUCH CLOSER TO THE COMMUNITY
WITH EVERY CLASS HOSTED. WE WISH TO SEE ALL OF YOU A LOT MORE AND DONT
FORGET TO BRING THE LAUGHTER AND SMILES!

THIS MONTH:

Tuesday, January 10th - No-Sew Fleece
Blankets @ 6PM in the CLC Classroom
Limited Seats - Please RSVP

Thursday, January 12th - Paint with
Adrian @ 6PM in the CLC Classroom

Thursday, January 19th - Nerd Night with
Mr. Austin @ 6PM in the CLC Classroom
Limited Seats - Please RSVP

Tuesday January 24th - Intro to Beaded
Bling Earrings @ 1 PM and again @ 6PM in
the CLC Classroom
Limited Seats - Please RSVP

REMINDERS:

ASP WILL BEGIN ON WEDNESDAY,
JANUARY 11TH

IF ANY QUESTIONS PLEASE
CONTACT THE BGCA STAFF
@ 775-423-8065

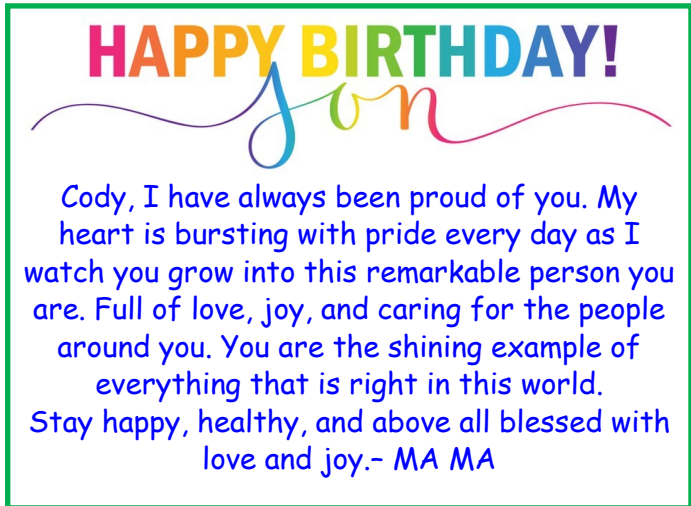


FALLON PAIUTE SHOSHONE TRIBE

- ★ Behavioral Health Liaison
- ★ Clinic Psychiatrist
- ★ Grants Administrator
- ★ In-Home Health Aide
- ★ Optometrist
- ★ Dental Assistant
- ★ Secretary's Administrative Assistance
- ★ Water & Sanitation Technician I
- ★ Billing Technician/Certified Coder
- ★ Police Officer
- ★ Agricultural Laborer (Temporary)
- ★ Program Development Manager
- ★ Youth Care Worker
- ★ Environmental Services (vs) Tech I/II



For more information about a job or to complete an application, go to [fpst.org/employment/to apply](http://fpst.org/employment/to_apply).



Chairwoman Williams-Tuni swears in Rosie Allen to the Housing Committee



Chairwoman Williams- Tuni swears in Yvonne Mori to Cultural Meeting



Chairwoman Williams Tuni swears in Brenda David to the TERO committee

TRIBAL CATTLE RANCHERS

2023 Applications for Wetlands Summer Grazing are due by January 15th

Submit completed application to the Tribal Land & Water Resources Office

Fallon Paiute-Shoshone Tribe - Land & Water Resources Office
8820 MISSION ROAD
FALLON, NV 89406
423-3725



Fallon Tribal Development Corporation

Starting the week of January 30th, 2023 the Fox Peak Station-Fallon will be closed with the exception of the Smoke Shop due to a front-end remodel. This will entail the cabinets, countertops, and the floor receiving an epoxy coat to compliment these updates. Due to the floor needing time to dry, the Smoke Shop will remain open, allowing the sales of alcohol, tobacco and fuel while the rest of the store will be closed.

NONPROFIT ORG.
U.S. POSTAGE PAID
MAILED
ZIP CODE 89406
PERMIT NO 18



Fallon Paiute-Shoshone Tribe
565 Rio Vista Drive
Fallon, NV 89406
Tel (775) 423-6075
www.fpst.org
ADDRESS/RETURN SERVICE REQUESTED